



Discover the Frisian Dance Days

for all kind of teachers and other interested parties

The city of Leeuwarden / Cultural Capital of Europe 2018

In 2018, Frisian are going to show how to celebrate life. The Frisians going to stick their heads above the parapet and dare to show the world how to go their own unique way. The landscape is the stage and everyone is invited. Bring along your swimsuits, pack your boots, put on your hat and grab your sunglasses. What the Frisians are going to do is a surprise and will captivate you. But that doesn't matter because once in Friesland you won't want to go home.

Course Code: NLLF1801

Date: Thursday 4 October – Monday 8 October 2018

Venue: Leeuwarden, The Netherlands

Trainers: not known yet

Course Fee & Accommodation

€ 995 including course fee, tuition, materials and hotel accommodation (6 nights incl. breakfast; double bedroom). A single room requires a surcharge. Excluding € 55 administration and organisation costs.

Working Language

English, German, Dutch and Frisian

Preparation

This course does not require any specific pre-course reading. There will be sent a pre-course questionnaire out to all participants in order for the trainers on the course to find out about the participants' backgrounds and to assess their needs. Questions will relate to their interest in the subject of the course.

Objectives

The aim of this course is for participants to learn about and experience hands-on a range of how to include dancing in the (extra) curriculum of the school; Dance as a building block in the social and emotional development of students. How dance can be a connective power between people.

Interactive

This course will be taught interactively, with input sessions, workshops, group project work and professional dance performances. Participants are expected to take an active role in all sessions, and experiencing for themselves the activities covered in the sessions.

We dance when we are happy or in love. In a grandiose fashion to show how excited we are, or a single swirl to humbly celebrate a victory. Dancing offers comfort and connects us. In October, Leeuwarden becomes the vibrant heart of everything related to dance. Municipal theatre De Harmonie and pop temple Neushoorn form the heart of the first Frisian Dance Days.

International allure

High-profile performances from home and abroad embellish our theatrical stages. Frisian dancers shine on the different stages and everyone is free to shuffle their feet during this great dance event.

Involvement and Diversity

Dance is for everyone. Factors such as age, background or physical limitations disappear entirely. Give motion to your feelings and move your body in any which way.

Young choreographers create duets for able-bodied dancers and dancers with disabilities during the Frisian Dance Days - a sequel to the European Let's Dance project. Kids join their grandparents on the dance floor to bridge and dance away the generation gap.

Endless collaboration

The well-loved Dance Battle for primary schools has gone XL with middle school students and Frisian urban dancers. Together with Holland Dance and the Spanish La Compañía Danza Vinculados, experts come to Leeuwarden to talk about the connective power of dance. Our reach spans from the North all the way to the South, thereby working closely with the national Dutch Dance Festival from Maastricht. Talents from Friesland and Limburg shine on stage!

Follow-up

1. A list of useful websites.
2. A post-course reflection/feedback activity will be emailed to all participants, to encourage continuing professional development and evaluation of the impact of the course on their own day-to-day teaching.
3. Participants from different countries will be encouraged to set up their own EU projects in conjunction with other participants on the courses.

Type of certification

Certificate of Attendance including description of training content and time input.

Information & Enrolment

A more detailed course programme will be ready in Spring 2018.

Need more information? Just mail us: info@interprimair.eu.

Want to enrol in the course? Go to the online form and fill in the requested information.